

Ceylon Cinnamon Toast

If you don't feel all warm, cozy and, frankly, happy after eating this, I really don't have much else to offer. Seek out Ceylon ("true") cinnamon if you can find it.

Serves 1-2

2 pieces of sandwich bread (white, wheat, sourdough... who cares?)

1 tablespoon *room-temperature* butter

2 teaspoons sugar

1/8 teaspoon cinnamon, preferably Ceylon ("true") cinnamon

Toast the bread.

In a small ramekin, shmoosh together the butter, sugar, and cinnamon with the back of a spoon.

Smear on toast, thickly.